Week 55 (9/29/03) Fixed highest point

Consider a top made of a uniform disk of radius R, connected to the origin by a massless stick (which is perpendicular to the disk) of length ℓ , as shown below. Paint a dot on the top at its highest point, and label this as point P. You wish to set up uniform circular precession, with the stick making a constant angle θ with the vertical, and with P always being the highest point on the top. What relation between R and ℓ must be satisfied for this motion to be possible? What is the frequency of precession, Ω ?

